

# CERTIFICATE OF PARTICIPATION

This is to certify that

**CHARLES  
LONGMORE**

Has successfully participated & completed the

**5km TRAIL Run Kariega Trail Run 2018**

held at Southwell Cricket Field.

**TIME 00:38:38**

**PACE 07:42/km**

**GENDER 5 of 24**

**OVERALL 6 of 75**

**OPEN 2 of 8**

29 December 2018, Sat

Date



*BoutTime*

Signature

